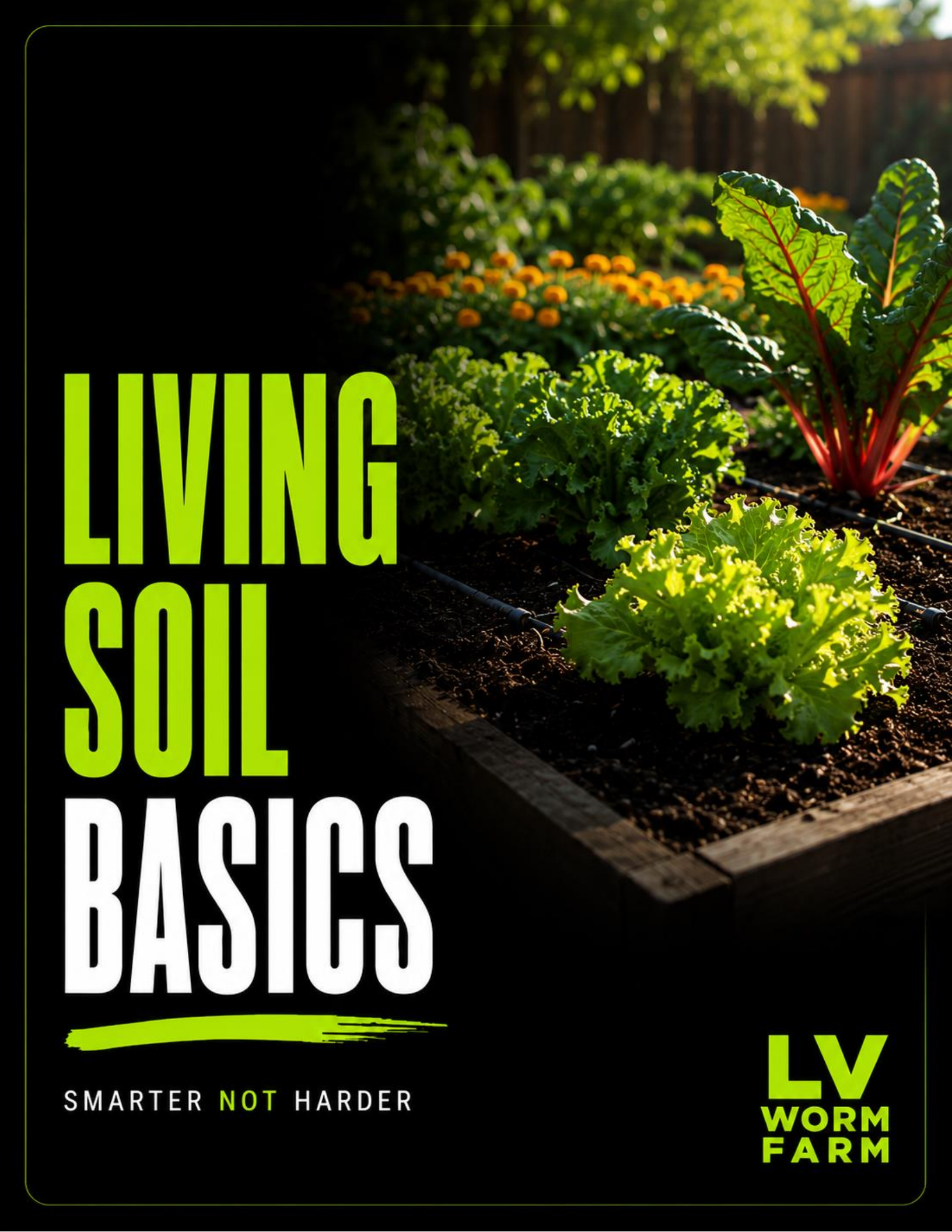




LIVING SOIL BASICS

SMARTER **NOT** HARDER

LV
WORM
FARM



CONTENTS

The Benefits

Getting Started

The Rotation

The Upkeep

Now What

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THE BENEFITS OF USING A LIVING SOIL



Living soil works with nature, not against it. In this section, you'll learn how it helps plants grow healthier, helps soil hold more water, and makes gardening easier.

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SOIL ORGANISMS



Living soil is home to many helpful living things, such as bacteria, protozoa, nematodes, rotifers, tiny bugs, and worms. These little microorganisms help protect plants from disease, release nutrients, improve the soil, and keep them healthy.



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ENHANCED SOIL

Organic matter and soil organisms work together to make rich, healthy soil. Organic material like compost helps the soil hold nutrients and gives microbes food they can eat. The microbes break down the organic material and release nutrients in a form that your plants can use immediately.

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WATER EFFICIENCY

Microbes, like bacteria and fungi, make natural glues that hold soil pieces together. This creates small spaces in the soil that can hold more water. As a result, plants need less watering and can go longer between waterings.



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HEALTHIER PLANTS

While we go about our day, soil microbes are busy eating and creating nutrients that plants need to grow. They release these nutrients when plants need them. This creates a steady supply of food that helps plants grow healthier and also fight off pests and disease.

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SAVE TIME AND MONEY



Building living soil helps keep the soil healthy for a long time. Tiny living things, such as bacteria, protozoa, nematodes, mites, and worms, turn organic matter into food for plants. This will save you time, money, and hard work.

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WHY WAIT START NOW

There are many reasons to wait, but the best results begin when you start.

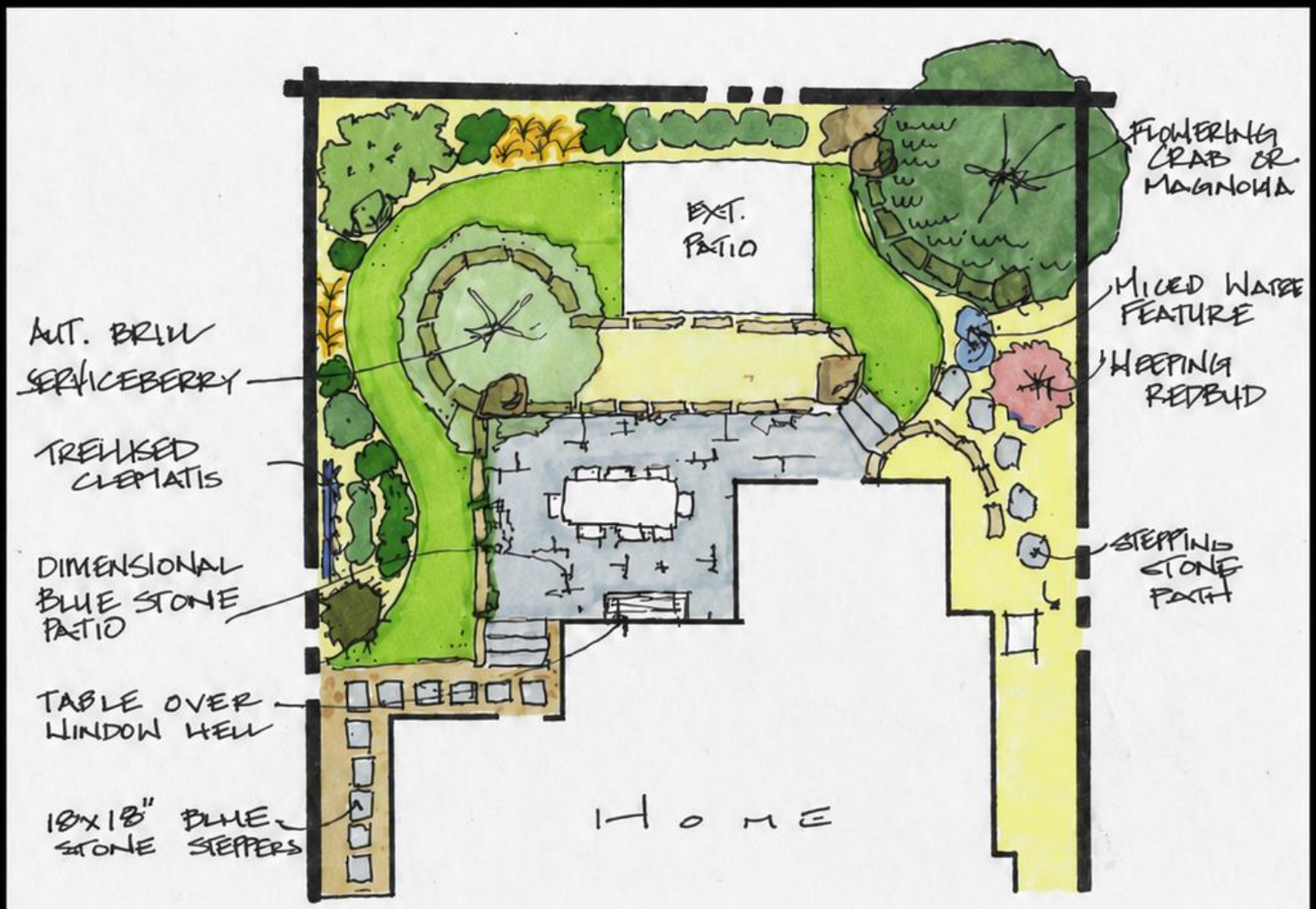
In this section, you'll see how taking action now can help you build the beautiful garden you want.

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LOCATION

You can skip this section if you already have your location picked out. If you have not picked one yet, think about sunlight, water, space, and convenience. Choosing the right spot can help your plants grow healthy and make your garden more productive.





TOOLS



Garden tools, such as an auger, broadfork, shovel, trowel, cultivator, bucket, tarp, and watering wand, are a necessity that can help you open the ground and turn dirt into living soil. Machines can make the work easier, but some good ol' fashion elbow grease can do the job too. The key is to get living soil into the ground and keep it alive.

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INGREDIENTS



Using the right ingredients is key to a healthy garden. Make sure your soil has living organisms and organic materials, such as compost, worm castings, and extracts. All living things need air, water, and food. If the soil is dry, hard, and compacted, it likely does not have what it needs to keep microbes happy, healthy, and alive.



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PLANTS

Choosing the right plants or seeds for your area, light conditions, space, and season will give you the best results. You can still grow plants outside their normal season or grow tropical plants in the desert. They will just need more care and protection from the weather than your typical plants.

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ROTATE INTO A LIVING SOIL

Like most gardens, the hardest work happens at the start. Over time, it becomes easier to care for. Let's look at how planning, doing, checking, and taking action helps you build a living soil.

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PLAN



If you are starting with native soil or changing to living soil, add organic material. Things such as compost, do a great job at feeding the soil. Good compost feeds beneficial microbes and gives them a place to live. These microbes can then begin cycling nutrients for your plants. The key is to plan ahead and start before the growing season.





DO



Once your plants are in the ground, you must keep the soil moist and protected from harsh weather. Use a timer for your watering system, and cover the soil with mulch. This is a must and helps keep the root area cool and moist. It also keeps the beneficial microbes alive so they can continue to release the nutrients your plants need to grow happy and healthy.

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CHECK

Check your plants often and write down what you see. This can help you find problems with certain plants or parts of your garden.

Take photos to track changes and see your progress. Write notes about what is working and what is not. This can help you avoid making the same mistakes twice.



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SECRET SAUCE

Here is what your garden needs to grow well:

Air, Water, Organic Matter, and Microbes

All living things need air and water. This includes your plants and the life in your soil. Organic matter feeds the microbes so they can release nutrients to your plants. This means you end up with a garden that green and beautiful.



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Living soil is the foundation for thriving plants and a healthy garden.

But this is just the beginning!

Want to take your garden to the next level?

Join our exclusive **Living Soil Community** and unlock advanced techniques, personalized advice, and ongoing support tailored to your unique garden. Plus, as a member, you'll receive expert insights, webinars, and resources that will transform your soil—making it richer, more resilient, and virtually self-sustaining.

Don't wait—your dream garden is closer than you think!

<https://www.skool.com/grow-anything-with-living-soil-5314>

